

## Additional Help Services

### Lifeline -13 11 14

24/7 confidential crisis support

### NSW Mental Health Line - 1800 011 511

24/7 telephone assessment and referral service,

### Alcohol & Drug Information Service

1800 250 015 (24/7)

Information, support, referral and counselling on drugs (legal and illegal) and alcohol  
And parents advice and assistance

### Suicide Call Back Service 1300 659 467

[www.suicidecallbackservice.org.au](http://www.suicidecallbackservice.org.au)

24/7 telephone support and counselling for anyone affected by suicide

### Beyond Blue –1300 224 636

[www.beyondblue.org.au](http://www.beyondblue.org.au)

24/7 mental health counselling, support and referral assistance

### Men's Helpline – 1300 789 978 (24/7hrs)

[www.mensline.org.au](http://www.mensline.org.au)

Information and referral services for men with family and relationship concerns

### Kids Helpline 1800 55 1800

[www.kidshelpline.com.au](http://www.kidshelpline.com.au)

Young people 5-25 years old



HUNTER NEW ENGLAND  
LOCAL HEALTH DISTRICT

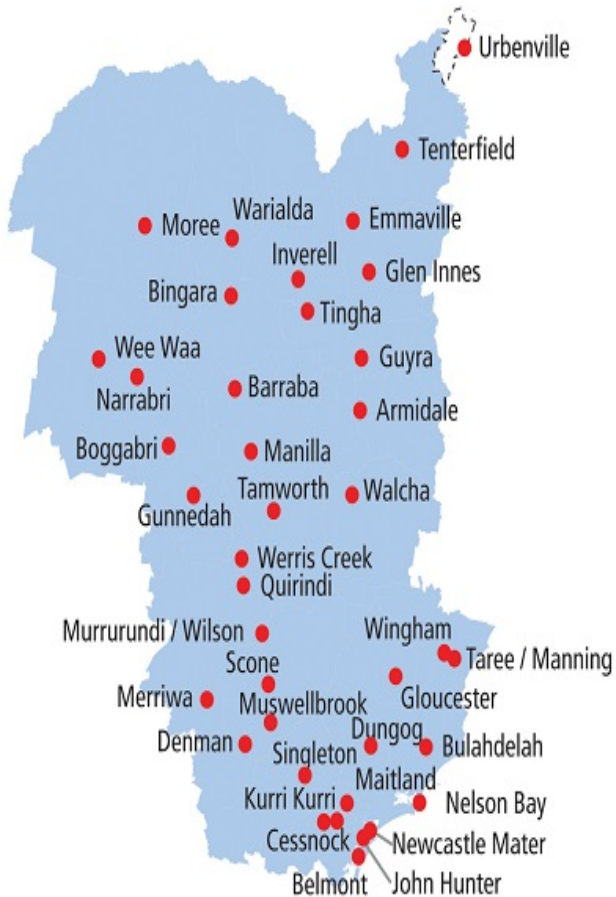
# DROUGHT SUPPORT

PROGRAM



0477 322 851

[HNELHD-DroughtSupport@health.nsw.gov.au](mailto:HNELHD-DroughtSupport@health.nsw.gov.au)



## Drought Support Program

### Drought Support Program

The drought support program provides free mental health and emotional support to farmers, farming families, local businesses and service providers affected by the drought.

The drought support program is designed to meet the needs of individuals, couples and families; whether they require short term conversations and information or ongoing formal counselling options.

The drought support program can also assist community members to access other mental health services they may require.



The **Drought Support Program** is designed to assist:

- Farmers and farming families
- Front line service/business providers
- Any other person who is experiencing stress from the drought throughout the drought affected area of Hunter New England Local Health District

### Service Delivery

- The Drought Support Program is a free **mobile service** throughout the Hunter New England Local Health District
- Drought counsellors and Peer Workers are able to visit and provide service on farms, in homes and businesses
- Visits can also be arranged at any other place where confidentiality can be guaranteed

### How to access the Drought Support Program:

- You can call or email yourself
- Referral by families, friends and service providers. To make a referral on behalf of someone else, you need their consent before contacting the Drought Support Team



**0477 322 851**

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